

## **Risk Management and Emergency Preparedness**

*Conditions to check for prior to leading your hike:*

- Air Quality (AQI near 150 should be canceled)
- High winds
- Extreme cold and heat
- Thunder and Lightning (if you hear thunder on your hike, turn back)
- Personal health – if you don't feel well, stay home!

*If emergency occurs on hike:*

- Call 911
- Our hikes are all front country and 99% of them will have phone service
- Do not perform an action you are uncomfortable with
- Good Samaritan law = Protects you from legal liability if you feel comfortable providing aid to someone